



The following mental health  
helplines are available 24/7.

*In an emergency, always call 911.*

COLORADO/NATIONAL MENTAL HEALTH LINE:

**988**

COLORADO CRISIS SERVICES

**844.493.TALK**

**TEXT OR CALL 988**

**[crisis.solari-inc.org](https://crisis.solari-inc.org)**



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LÍNEA DE CRISIS DE COLORADO/NACIONAL:

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